

SCHOOL OF PHYSICAL EDUCATION
DEVI AHILYA UNIVERSITY, INDORE

Annexure-I

DETAILS OF SPORTS ACHIEVEMENTS

S. N.	Name of the Competition	Name of Game	Name of the Institution Represented	Year	Position
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

Note:- Attach the attested photocopy of the certificates

OPTION OF THE GAME FOR ADMISSION TEST:-

BPES (Any One Game):- 1. _____

List of Games for Option:-

Hockey, Football, Volleyball, Basketball, Tennis, Badminton, Table Tennis, Cricket, Judo, Hand ball, Kho-Kho, Kabaddi, Swimming, Gymnastics, Wrestling, Weight lifting, Yoga, Track & Field (Two events - one Track and one field event)

Note: -The School of Physical Education has the rights to include or delete any game according to administrative feasibility.

Name of the Applicant

Signature of the Applicant

देवीअहिल्याविश्वविद्यालय, इन्दौर

DEVI AHILYA UNIVERSITY, INDORE

चिकित्सा प्रमाणपत्र

(चिकित्सा अधिकारी द्वारा प्रमाणित)

MEDICAL CERTIFICATE

(To be certified by a Registered Medical Officer)

1. Name:-_____ Sex:- _____(M/F) Blood Gr. _____
2. Height (in cm):-_____ Weight(in kg):-_____
3. Physical appearance and Musculature:- _____ Robust/Average/Weak
4. Previous History of Fracture or other injuries (Give Details):-

5. C.N.S.:-_____
6. C.V.S.:-_____
1. Respiratory System:-_____
2. Liver:-_____
3. Spleen:-_____
4. Hernia Site:-_____
5. Throat:-_____
6. Ears (Perforation/Discharge/Any other) :-_____
7. Hearing:-_____
8. Eyes:-_____ Vision(Without Glass):-_____
- Color Blind (Partial/Complete):- _____
9. Any Body deformity (Such as Kyphosis, Lordosis, Scoliosis, Knock Knee, Bow Legs Flat Feet etc):-_____
10. History of Epilepsy, Asthma, T.B., V.D., Allergy, etc.:-_____
11. Sensibility to drugs ,if any :-_____

I certify that I have this day carefully examined (Name)_____

And have recorded my observation as given above. I am satisfied that he /she is fit/unfit for undergoing training in Physical Education which involves strenuous physical activities and competitive games. I further certify that the candidate has been inoculated/vaccinated for:

- | | |
|-----------------------|-----------------------|
| (a) Tetanus:_____ | (b) Typhoid :_____ |
| (c) Chickenpox :_____ | (d) Hepatitis-b:_____ |
| (e) Any Other:_____ | |

Signature of the Candidate

Date:_____

Signature:_____

Name:_____

Reg. No. _____

Address:_____

Seal:

SCHOOL OF PHYSICAL EDUCATION
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**NORMS FOR MODIFIED AAHPER YOUTH FITNESS TEST
(BOYS)**

MARKS	TEST ITEMS						MARKS
	50 Mts Dash (Sec)	Pull-Ups Overarm Grip (No.)	Bent Knee Sit-Ups (No.)	Shuttle Run 10x4mts (Sec)	Standing Broad Jump (Mts)	600 mts Run /Walk (Sec)	
10	5.49	16	67	7.60	3.00	99.00	10
9	5.87	15	61	8.13	2.89	102.84	9
8	6.23	13	55	8.66	2.78	106.68	8
7	6.63	11	50	9.19	2.67	110.52	7
6	7.01	10	44	9.72	2.56	114.36	6
5	7.39	8	38	10.25	2.45	118.20	5
4	7.77	6	33	10.78	2.34	122.04	4
3	8.15	5	27	11.31	2.23	125.88	3
2	8.53	3	21	11.84	2.12	129.72	2
1	8.91	1	15	12.37	2.01	133.56	1
0	9.29	0	10	12.90	1.90	137.40	0
MEAN	7.39	8.00	38.30	10.25	2.45	118.20	MEAN
S.D	0.54	2.39	8.18	0.75	0.16	5.48	S.D
SCALE INTERVAL	0.38	1.67	5.73	0.53	0.11	3.84	SCALE INTERVAL

Formula for converting performance into Marks (i.e. raw score into scale value)

Marks = $(ZV - X) / SI$ For test items (50 Mts, Shuttle Run & 600 Mts Run/Walk)

Marks = $(X - ZV) / SI$ For test items (Pullups, Situps & St. Broad Jump)

Where, X = Actual Performance in the test
 ZV = Zero value of the scale in particular test
 SI = Scale Interval of the particular test

Note: The highest and lowest marks for any performance in any test item will be 10 & 0 respectively.

SCHOOL OF PHYSICAL EDUCATION
DEVI AHILYA UNIVERSITY, INDORE
NORMS FOR MODIFIED AAHPER YOUTH FITNESS TEST
(GIRLS)

MARKS	TEST ITEMS						MARKS
	50 mts Dash (Sec)	Inclined Pull-Ups Overarm Grip (No.)	Bent Knee Sit-Ups (No.)	Shuttle Run 10x4mts (Sec)	Standing Broad Jump (Mts)	600 mts Run /Walk (Sec)	
10	6.19	70	48	9.03	2.65	102.15	10
9	6.74	64	44	9.65	2.47	113.28	9
8	7.29	58	39	10.27	2.29	124.41	8
7	7.84	52	34	10.89	2.11	135.54	7
6	8.39	46	30	11.51	1.93	146.67	6
5	8.94	40	25	12.13	1.75	157.80	5
4	9.49	34	20	12.75	1.57	168.93	4
3	10.04	28	16	13.37	1.39	180.06	3
2	10.59	22	11	13.99	1.21	191.19	2
1	11.14	16	7	14.61	1.03	202.32	1
0	11.69	10	2	15.23	0.85	213.43	0
MEAN	8.94	39.9	25.10	12.13	1.75	157.80	MEAN
S.D	0.78	8.69	6.62	0.88	0.25	15.90	S.D
SCALE INTERVAL	0.55	6.08	4.63	0.62	0.18	11.13	SCALE INTERVAL

Formula for converting performance into Marks (i.e. raw score into scale value)

Marks = (ZV-X) / SI For test items (50 Mts, Shuttle Run & 600 Mts Run/Walk)

Marks = (X-ZV) / SI For test items (Pullups, Situps & St. Broad Jump)

Where, X = Actual Performance in the test

ZV = Zero value of the scale in particular test

SI = Scale Interval of the particular test

Note: The highest and lowest marks for any performance in any test item will be 10 & 0 respectively.

Kindly fill the Annexure-I and Annexure-II and submit it to the department.